



Internship and Job Search Strategies

Spring 2021



Human Ecology Career Exploration Center

We are online this semester!

Book Appointments Here

<https://outlook.office365.com/owa/calendar/CareerExplorationCenter@cornellprod.onmicrosoft.com/bookings/>

Our Hours (EST)

10:00 AM – 4:00 PM M – F

Extended Hours

10:00 PM M, 8:00 AM F

Visit us at

hecec.human.cornell.edu

Contact us

hecec@cornell.edu

CEC Resources

- Internship Search Guides
- Summer Opportunities in Health
(website--> Job and Internships → Summer opportunities in Health)
- Gap Year Opportunities Booklet
- Opportunities Binder (“Jobs and Internship Postings” on our website)



Check out the Job Listing
interiordesi
<http://asid.j>
www.jobzoo
<http://archi>

Check out the Ca

Organizational
www.asid.c
www.ilda.c
www.fides.c
www.ifma.c
www.hfes.c

Portfolio
www.caroli
www.asidd

Architect
www.oddir
www.bolli
www.bamc
www.cann
www.diegw
www.enrwc
www.govin
www.genak
www.getty
www.rmjm

Government
www.usa.gov/A
www.usa.gov/C
www.usajobs.gov/stu
[ny.c.gov/html/e](http://www.htm/e)
<http://www.cip>
[ppm.uoregon.e](http://www.ppm.uoregon.e)
[hilzoo.com/?s=j](http://www.hilzoo.com/?s=j)
www.opajobs.c

Business Resc
<http://www.esht>
<http://www.careers.d>
www.bankjobs.i
www.financialjo
www.marketing
<http://www.sec>
www.thestreet.c
[cia.gov/careers](http://www.cia.gov/careers)

Law Resource
American Bar A
National Feder
Association of L
National Direct

Check out the Career Exploration Center blog for helpful tips and job search strategies: <http://blogs.cornell.edu/hecec/>

Research Opportunities:
www.aamc.org/members/great/summerlinks.htm
www.apa.org/education/undergrad/researchopp.aspx
www.nsf.gov
www.pathwaystoscience.org/summerresearch.asp
www.training.nih.gov/other_summer_programs_at_the_nih
Undp.org/en/contacts/internship

Psychology and Social Work Opportunities:
Capital.edu/internships-social
www.jju.com/keyword/undergraduate-psychology-internships
www.onedayoneinternship.com
www.socialpsychology.org/career.htm
web.pace.edu/page.cfm?doc_id=7939
Wjcs/cpm/index.php?src=gendocs&ref=psychexternshipsocialworkinternships&category=learnwithus

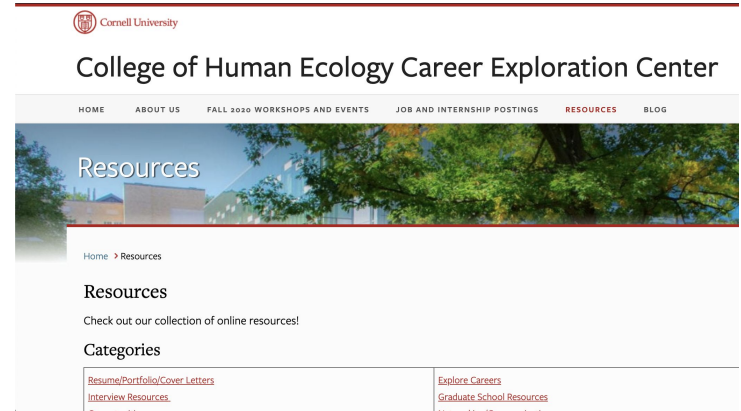
Health/Medicine Opportunities:
www.cmu.edu/tpsp/intern.html
Leadamerica.org
www.med.cornell.edu/mdphd/summerprogram/

Nonprofit Opportunities:
Internancecenter.org/pages/internships#intern
www.idealst.org
www.nationalpartnership.org/site/pageserver?pagename=about_jobs
Nonprofitjobscoop.org
Nnn.net

COVID edition

COVID-specific

- **Cold E-mailing**
 - [February 2021 Article of the Month: How to Write a Persuasive Email to Apply for Your Dream Job By Rolf Bax](#)
- **Networking handouts***
 - [CUeLinks](#) ([HECEC Student Mentorship Excel Sheet](#))
 - [Alumni Connections Program](#)



COVID-Specific

- **Digital Volunteering**
 - CEC [Blog post by Angella](#)
- **Build skill sets**
 - [Linkedin Learning](#)--add to LinkedIn profile and resume (ex: take a course on how to use Zoom)
 - “Couldn’t find an internship but I worked on *personal development*”
- **Ideas for Pre-Health students:**
<https://docs.google.com/document/d/1spNpIIYzEEEdK2I2YUZON2Wa9qCwunJyhjlu4mQudzUq/edit?pli=1&lor=1#heading=h.7zI2p8shzvno>

Cornell-Affiliated Databases

Human Ecology Resources

- Cornell Handshake
- CUeLinks
 - Exclusive access to more Cornell Alumni for students
 - Formerly Alumni Connections Program
- New York Recruiting Consortium
 - A&S HumEc juniors and seniors
 - Interviews in early January in NYC
 - full-time employment and internships in Consulting, Education, Finance, Health Services, Legal Services, Medical Research, Nonprofits, and Publishing



Cornell Handshake

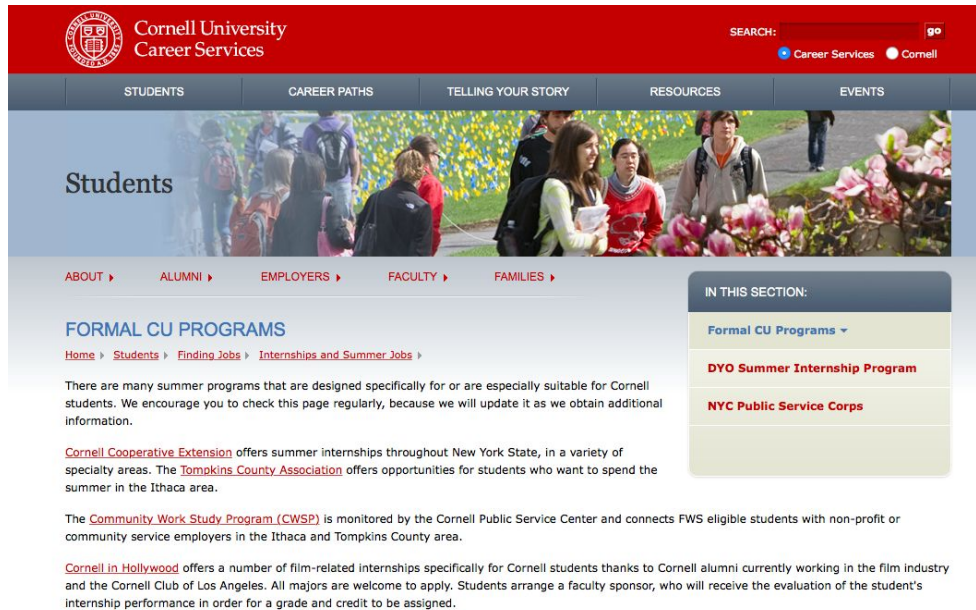
- <https://cornell.joinhandshake.com>
- <https://scl.cornell.edu/get-involved/career-services/jobs-and-internships/campus-recruiting>
- On-campus recruiting

The screenshot displays the Handshake interface with a calendar view of events. The left sidebar contains navigation options: Profile, Cornell University, EXPLORE (Jobs, Employers, Applications), ATTEND (Events, Fairs, Interviews), PLAN (Journal, Planning), and OTHER (Surveys, Articles). The main calendar area shows a grid of dates from 6 to 30, with various events listed for each day. Events include resume workshops, informational sessions, and networking opportunities from various organizations like Google, Amazon, and IBM.

Date	Event(s)
6	1:20p Resumes That Guarantee 2:30p Resumes That Guarantee 3:30p A&S - How to Find a Job 3:30p Resumes That Guarantee
7	1:20p Resumes That Guarantee 2:30p Resumes That Guarantee 3:30p A&S - How to Find a Job +2 more
8	11a Google Tabling 3:30p A&S - How to Find a Job 4p GE Global Research (Geometric) +15 more
9	2p Join Alan Rifkin '88, Managing Director 5a Two Sigma Info Session 1p Procter and Gamble 1:1 4:45p Procter and Gamble 1:1 +16 more
10	5p BlackPock Information Session 8a Ross Stores Drop-In Drop-In 8a Test CALS Student Services 10a Cornell University Career Center +24 more
11	11:15a A&S Career Conversations 3p Network Intelligence: How to Find a Job 12p EY Career Chats 12p Procter and Gamble 1:1 3:30p A&S - Exploring Career +2 more
13	3:30p Group Case Interview
14	3:30p A&S - How to Find a Job 5:30p Prudential Financial, Inc. 6:30p Prudential Financial, Inc. +7 more
15	10a EY Human Capital Care 5p EY Information Session 5p A&S Drop-In Hours +7 more
16	3:30p A&S - Exploring Career 4:45p Behavioral Interviewing 5p Bloomberg Professional +6 more
17	1:25p A&S Career Conversations 2:30p A&S Career Conversations
18	
19	
20	3:30p A&S - How to Find a Job 5p American Express Information 5p Inforum Meet and Greet +2 more
21	4:45p Real Estate Career Development 5:30p Capital One Hosts Peer +2 more
22	1:25p A&S Career Conversations 4p Amazon Information Session 4:30p Operation Wallaceas +2 more
23	3p Networking with EY Associates 4:30p Professional Connections 5p A&S Information Session +3 more
24	6a Barclays Hosts "Women in Business" 10a Real Estate Mock Interview 1p Real Estate Mock Interview 3:30p A&S - Exploring Career +2 more
25	
26	
27	8:30a General Mills Breakfast 3:30p A&S - How to Find a Job 5p General Mills Information +4 more
28	11a Cornell University's Law School 1:30p Real Estate Career Development 2p SHA SENIOR REAL ESTATE +4 more
29	11a Cornell University's Graduate 3:30p A&S - Building Your Future 5p Citi Cards Information Session +3 more
30	4:30p BMGI Real Estate Information 5p IBM HR Information Session 6:30p Polaris Industries Information +2 more
1	1:25p A&S Career Conversations 5p IBM HR Information Session 2:30p A&S Career Conversations 3:30p A&S - Exploring Career +2 more
2	
3	
4	3:30p A&S - How to Find a Job 4:30p Avero, LLC - Information 5p Mintz Levin Information +2 more
5	5p Cigna Information Session 6:30p Ericsson Information +2 more
6	5p Bristol-Myers Squibb Information +2 more
7	5p McKesson Corporation Information +2 more
8	
9	
10	

Cornell Formal Programs

- <http://www.career.cornell.edu/students/jobs/internships/cornell/>



The screenshot shows the Cornell University Career Services website. The header is red with the Cornell University logo and 'Cornell University Career Services' text. A search bar is located in the top right. Below the header is a navigation menu with categories: STUDENTS, CAREER PATHS, TELLING YOUR STORY, RESOURCES, and EVENTS. The main content area features a large image of students walking on a path, with the word 'Students' overlaid in a large, dark font. Below the image is a secondary navigation menu with links: ABOUT, ALUMNI, EMPLOYERS, FACULTY, and FAMILIES. The main heading is 'FORMAL CU PROGRAMS'. Below this is a breadcrumb trail: Home > Students > Finding Jobs > Internships and Summer Jobs. The text explains that there are many summer programs designed for Cornell students and encourages regular checking for updates. Three specific programs are listed in a sidebar: 'Cornell Cooperative Extension' (offering summer internships throughout New York State), 'Community Work Study Program (CWSP)' (connecting FWS eligible students with non-profit or community service employers in the Ithaca and Tompkins County area), and 'Cornell in Hollywood' (offering film-related internships for Cornell students).

Cornell University
Career Services

SEARCH: go

• Career Services • Cornell

STUDENTS CAREER PATHS TELLING YOUR STORY RESOURCES EVENTS

Students

ABOUT ▶ ALUMNI ▶ EMPLOYERS ▶ FACULTY ▶ FAMILIES ▶

FORMAL CU PROGRAMS

[Home](#) > [Students](#) > [Finding Jobs](#) > [Internships and Summer Jobs](#)

There are many summer programs that are designed specifically for or are especially suitable for Cornell students. We encourage you to check this page regularly, because we will update it as we obtain additional information.

[Cornell Cooperative Extension](#) offers summer internships throughout New York State, in a variety of specialty areas. The [Tompkins County Association](#) offers opportunities for students who want to spend the summer in the Ithaca area.

The [Community Work Study Program \(CWSP\)](#) is monitored by the Cornell Public Service Center and connects FWS eligible students with non-profit or community service employers in the Ithaca and Tompkins County area.

[Cornell in Hollywood](#) offers a number of film-related internships specifically for Cornell students thanks to Cornell alumni currently working in the film industry and the Cornell Club of Los Angeles. All majors are welcome to apply. Students arrange a faculty sponsor, who will receive the evaluation of the student's internship performance in order for a grade and credit to be assigned.

IN THIS SECTION:

- Formal CU Programs ▾
- DYO Summer Internship Program
- NYC Public Service Corps

Cornell on the Cuyahoga (Cleveland, OH)

- <http://www.cornellonthecuyahoga.com>
- Sophomores, Juniors, and Seniors
- Internships posted in early November, applications accepted until April
- Summer experience in greater Cleveland



CWRU



COLGATE



CORNELL



DENISON



OHIO WESLEYAN



SMITH



U CHICAGO



YALE

Cooperative Extension

- <https://cals.cornell.edu/cornell-cooperative-extension/join-us/cce-summer-internship-program>
- Paid internships in New York state offered in the summer for Cornell students; includes a stipend of \$5000.



Cooperative Extension

Entrepreneurship @ Cornell Summer Internship

- <http://eship.cornell.edu/internships/>
- 10 week paid internships
- Small to medium sized entrepreneurial companies
- All undergraduate and graduate students at Cornell of all majors
 - preference to juniors and seniors; sophomores may apply through Internship Director



Atkinson Center Summer Internship

- Paid Internships for Cornell students with the environmental advocacy groups such as Environmental Defense Fund, Oceana, and CARE
- Provide students with a hands-on experience at the intersection of science and policy



Botanical Garden Intern Program

- Botanic gardens, natural areas
 - applied natural resource research, horticulture/gardening skills, plant identification
- Paid \$12.50 per hour and typically work a 39-hour work week
- <https://cornellbotanicgardens.org/learn/internship-programs/>



Shoals Marine Lab Internships Program

- Appledore Island, Gulf of Maine
- Biological research



Experience Cornell

- <https://experience.cornell.edu/>
- Features all kinds of experiences on- and off-campus, which includes research opportunities, internship programs, and information on fellowships

Experience Cornell

HOME

OPPORTUNITIES

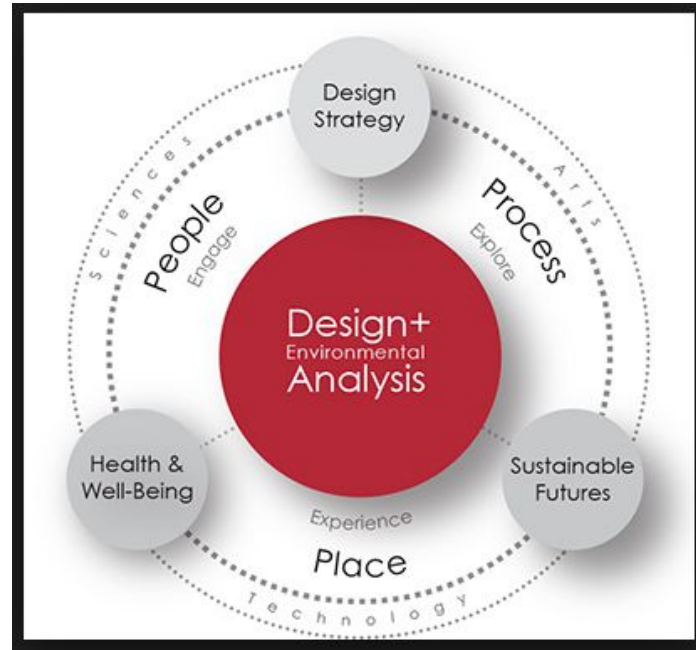
RESOURCES

Recruiting Events

New York Recruiting Consortium

- Off-campus program for juniors and seniors from A&S and Human Ecology
- Consortium interviews take place in early January in New York City
- Interviews for full-time employment and internships in Consulting, Education, Finance, Health Services, Legal Services, Medical Research, Nonprofits, and Publishing
- Applications in December, interviews in January
- <https://frc-nyrc.squarespace.com/>

PURSUIT



- Contact dea-admin@cornell.edu to be notified of when this event occurs, typically in mid-April

For Credit Programs

Capital Semester

- 12 credit
- Spring Semester
- Paid internship in Albany, New York



Cornell in Hollywood Summer Program



- For students who may be considering a career in entertainment
 - Internship offered by Cornell Club of Los Angeles & Cornell Alumni who are currently working in the film industry.
- Students will start building their own Hollywood Career and engage in valuable networking opportunities as well.

CORNELL WASHINGTON

- <https://www.ciw.cornell.edu/>
- Take history and government classes for credit



Practicing Medicine: Health Care Culture and Careers

- Eight-week summer program in NYC
- Premed and Global Health
- 3 Credit Class (HE 4080)
- Selected Iscol Scholars funded for summer housing and transportation costs
- Check out the CEC for more info!

**Note that there is a fee with this program and financial aid does not apply*



Funding Opportunities

Design Your Own Summer Internship Program (DYO)

- FWS students only
- Salary paid by Cornell for full-time positions with non-profits (75%) and small businesses (50%)
- Earn up to \$3,750!!!



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Additional Funding Opportunities

- Janet McKinley '74 Family Grant
 - Sophomores only
 - “interesting, provocative, and entrepreneurial summer projects”
 - Deadline is very soon!!
- Summer Experience Grant
 - <https://as.cornell.edu/careers/summer-experience-grant-funding>
 - Have an offer for a career-related summer experience that is 1) unpaid or minimally paid* and 2) at least 4 weeks in length, working at least 15 hours/week. The offer does NOT yet need to be accepted.
- Alan Mathios Research and Service Grant
 - <https://www.human.cornell.edu/studentlife/heaagrats>
 - funds undergraduate Human Ecology students’ research and service activities that further the mission of the college to improve lives by exploring and shaping human connections to natural, social and built environments.



Even More Funding Opportunities!

- Human Ecology Summer Research Stipend
 - The College of Human Ecology provides 16 \$5,000 stipends to CHE undergraduates who will be involved in full-time summer research with a CHE faculty member. Both the student and the faculty member must be in CHE
- Alumni-Sponsored Internship Funding
 - The Human Ecology Internship Funding is designed to aid students' participation in unpaid or minimally paid career-related summer experiences.
- Cornell Public Service Center
 - <https://scl.cornell.edu/get-involved/public-service-center/awards-funding>
 - Robinson-Appel Humanitarian Award – The Robinson-Appel award was established to recognize and honor students who have had significant involvement in community service by providing support for their projects, which address a community's social needs or problems.
 - Community Partnership Funding Board Grants

Iscol Family Program

Summer Internship Program

- Support students who have an interest in gaining experience in public service settings or exploring public service as a career
- Working with existing organizations and programs on campus which sponsor summer internships in the public service sector in Ithaca, NYC, New York State, or elsewhere in the US and abroad
 - Urban Semester/Practicing Medicine (NYC)
 - Public Service Center Summer of Service
- <https://www.human.cornell.edu/academics/undergraduate/iscol>

Blumenthal Internships - discontinued

- Alumni Funded
- Paid internship
- Must be rising junior or senior
- Social Service Internship in Westchester and NYC
- Intern with a variety of non-profit agencies, many working on social justice issues/human services

NYC Public Services Corps

- <http://www.career.cornell.edu/students/jobs/internships/cornell/nyc.cfm>
- Summer Internships
- Winter Internship
- FWS-eligible student work with non-profits in NYC





- Explore a variety of professions/industries
- Search and apply for jobs and internships
- Learn how to craft effective application materials



- Free account provided by Cornell with preparatory information about career exploration and planning
- Resume, cover letter, and interview preparation
- Includes industry resources covering North America

Cornell Summer Experience Survey

- See what Cornellians have done in past summers!

Additional Resources

CUELinks

- Able to reach out to alumni for informational interviews, phone calls, ask questions about professions
- Alumni voluntarily make themselves available for contact: they want to hear from you!

Glassdoor

- Listing of current/job internship openings
- Database of average salaries of positions of companies, as well as reviews
- Past interview questions

Comparably

- <https://www.comparably.com/>
- Evaluates companies based on their culture, leadership, fairness of salaries, satisfaction of people who identify as LGBTQ+, internship programs, and employee happiness
- Current employees of different identities review how they feel they are treated by the company
- Can aid in deciding whether to take an internship



- CEC often offers LinkedIn photoshoot opportunities - stay tuned, or contact us to demonstrate your interest in this

Research Opportunities

- Blog posts here:
<https://hecec.human.cornell.edu/2020/02/19/getting-involved-in-research-at-cornell/>
- <https://hecec.human.cornell.edu/2020/10/07/research-in-human-ecology-interview-with-professor-robert-sternberg/>
- Professors are generally very open and honest about opportunities they have available - it doesn't hurt to reach out!
- Do not have to be Cornell professors - also consider research at your home institution

Diversity Internship Resource

- <https://cpb-us-e1.wpmucdn.com/blogs.cornell.edu/dist/e/572/files/2020/04/Diversity-Summer-Internships-1.pdf>
- Written by CA Angella, features several internships aimed at increasing diversity in a variety of fields

Listservs

- Several listservs out there based on your interest, which often post internship opportunities
- Entrepreneurship
 - <http://eship.cornell.edu/internships/#listserv>
- General
 - Communecology
- Pre-health
 - Terry Mingle's DNS listserv
 - PATCH
 - Psychology listserv (<https://groups.google.com/forum/#!forum/psychoopportunities>)
- Social justice
 - Center of Inequality Studies
- Highly dependent on what your interests are, schedule a meeting with a CA to explore more

Internmatch.com



[JOBS](#)

[INTERNSHIPS](#)

[RESOURCES](#)



[EMPLOYERS](#)

[LOG IN](#)

[SIGN UP FREE](#)

Find Your Perfect Internship

[Search](#)

Monster.com

Find Jobs. Build a Better Career. Find Your Calling. | Monster.com

http://www.monster.com/ Google

Home Resume Career Tools Career Advice Become a Member or Sign In Diversity Employers Security Help

monster


I'm looking for... in...

Any Job Title Any Skills/Keywords Any Location

[Advanced Search](#)


SEARCH or [Browse Jobs](#)

ALICIA KEYS IS HIRING.



Alicia is Hiring!
You learned a specialty in the service. Now a credential can validate your skills for the civilian world.

SUCCEED WITH A NEW DEGREE



Select a Degree:

Select a Goal:


Zip: [GET INFO](#)

Free*
LG CF360 package

- BLUETOOTH® headset
- Case & car charger
- Free shipping

[Buy Now](#)
Replay

*2-year contract. Restrictions apply.



TAKE CONTROL OF YOUR CAREER

Thousands of article on resume advice, survival tips and job-hunting guidance you can use right now.

GET JOBS VIA EMAIL

Sign up now to receive new job

FEATURED JOBS

Sr. Java Application Engineer - Eclipse - JSP - Servlets
Patni Computer Systems Ltd [Boston, MA](#)


Coroflot.com

The screenshot shows the Coroflot website interface. At the top left, the word "COROFLOT" is displayed in a bold, orange, sans-serif font. To the right of this, there are three navigation links: "Post a Job", "Create a Portfolio", and "Log In". Below these links is a horizontal menu with several categories: "Job Board", "People", "Projects", "Salaries", and "DESIGNING HERENOW". The "DESIGNING HERENOW" link is highlighted in blue and includes the text "The 2015 Core77 Conference is here" and a "Get Tickets" button. The main content area has a dark blue background with a repeating pattern of small, light blue handshake icons. On the left, there is a large orange circular icon containing a white handshake. To its right, the text "Inspiring Talent. Exceptional Work." is written in a large, white, sans-serif font. Below this, a paragraph reads: "Design-driven companies worldwide use Coroflot to recruit a full spectrum of creative talent." Further down, another line of text says: "Put yourself where decision makers take notice". At the bottom of this section, there are two orange buttons: "Create a Portfolio" and "Post a Job". On the right side of the main content area, there is a grid of six white squares, each containing a different company logo: a red circle with a white shape inside, a blue shield with "MOS" inside, a blue speech bubble with "Interaktionsbyrå", a black silhouette of a hand holding a pen, and two instances of the "qualtrics" logo in red.

COROFLOT

Post a Job Create a Portfolio Log In


Job Board People Projects Salaries **DESIGNING HERENOW** The 2015 Core77 Conference is here **Get Tickets**

 **Inspiring Talent. Exceptional Work.**

Design-driven companies worldwide use Coroflot to recruit a full spectrum of creative talent.

Put yourself where decision makers take notice

[Create a Portfolio](#) [Post a Job](#)



Idealist.org



Jobs Internships Volunteer Action Events Organizations

Log in Sign up

We connect idealists with opportunities for action.

What are you looking for?

All types

Keyword, skill, or interest

Where?

Sign up to receive results by email.

Search

Want to help make a difference?
Come work at Idealist in New York
and Portland, Oregon.

111,022
organizations use Idealist

Post a listing

JOB

BILLING ANALYST

By SKIP of New York in New York, NY, US
7 minutes ago

VOLUNTEER OPPORTUNITY

Animal Sanctuary Volunteers

By Animal Place in Grass Valley, CA, US
7 minutes ago

EVENT

**Duke Online Master of Environmental
Management - Seattle Information**

Sign up to add your org.

Jopwell

- Jopwell is the leading career advancement platform for Black, Latino/Hispanic, and Native American professionals and students.
- Partners include NBA, AirBNB, AmEx, Pinterest
- Reach out to CA Khanya for more info ((kec232)
- <https://www.jopwell.com/share/KHANC61.>



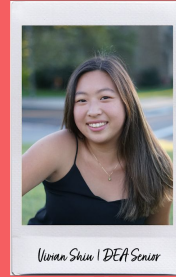
Project ION

- Project-ion.com
- Central NY Area



Questions? Comments?

Please fill out our feedback form at
<https://tinyurl.com/hececfeedback>



Uwan Sisu | DEEA Senior



Claire Choi | DEEA Junior



Annabelle Dray | DEEA Junior



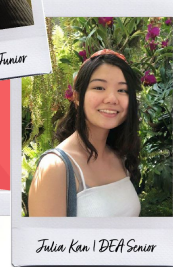
Abby Lerner | DEEA Senior



Nna Khen | HBHS Junior



Angella Lee | HBHS Sophomore



Julia Kan | DEEA Senior



Courtney Landis | HBHS Junior



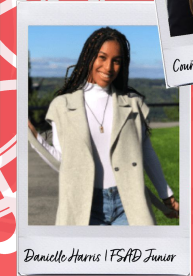
Matthew Cannabaro | DEEA Junior



Naomi Fischhoff | HB Sophomore



Anita Oni | HB Junior



Danielle Harris | FSAD Junior



Angel Mwanza | HBHS Senior